SPINE HISTORY

Date: _____



Name:					[Date of Bi	rth:				
1. Why are you seeing t	he provid	der to	day?								
2. How long has pain/co	ondition	been	presen	t?							
3. Has pain/condition w	orsened	recer	ntly? 🗆	No □	Yes, h	now recent	ly?				
4. What started the pair	n/conditi	on? _									
5. How do you rate you	r pain?										
Back/Neck Pain	0 No Pain		2 I ght			5 Moderate	6 I			9 Liating	10 ————————————————————————————————————
	No rum	J				Moderate	- 2. 3. 3				maginable
	0	1	2	3	4	5	6	7	8	9	10 I
Arm/Leg Pain	No Pain		ght			Moderate	Severe			ciating	Worst maginable
6. Quality of the Pain:	Sharp	□ві	ırning	□Dull	Па	ching 🔲	Other:				
7. How much of your pa	ain is in y	our N	eck/Bac	k or Arn	n/Leg	g? (Please g	ive a pe	rcer	ntage i.	.e. 50%	b)
Neck:				Arm ar	nd wh	nich side: _					
Back:				Leg an	d wh	ich side:					
8. Location of the Pain/	Conditio	n:				F	7				1
Stabbing Pair	า		////			3	?			91	7
Burning Pain			00000)		C	7		1	_ `	\supset
Aching Pain			XXXXX			1	11		11	八	11
Pins/Needles			VVVVV			11 -	11		1-1		11-1
Numbness			+++++		9	SC X	1/1	3	8	_\	16
FOR OFFI	CE USE	ON	ILY —)()	4			}{}	<
HT:	WT:	:				\//	/			11	/
BMI:	Ten	np:_				2	1			216	
						P				1	R

9. What makes the pain/condition better?	
10. What makes the pain/condition worse?	
11. Is the pain/condition:	
\square Continuous \square Activity Related \square Nigh	t Pain Other:
12. Did the pain start at work?	
Have you filed a worker's compensation cla	im?
13. Have you ever lost bowel or bladder control?	
14. Have you had spine surgery before? If so, wh	at surgery?
• Did it help?	
15. Treatments have included:	
\square No medications, therapy, manipulations/	chiropractor, injections, or braces.
CHECK TREA	TMENT IF IT HELPED:
☐ Physical Therapy, exercise	☐ Anti-Inflammatory Medications
☐ Massage or ultrasound	☐ Narcotic Medications
☐ Traction	☐ Epidural Injections (how many?)
☐ Chiropractor	☐ Trigger Point Injections
☐ Tens Unit	Other
16. If you have seen other surgeons for this prob	lem and were not happy, why?
\square Did not answer my questions	☐ Spent too little time with me
☐ Personality Issues	Other
\square Had no suggestions on what to do	
☐ Office Staff Issues	
17. My main goal(s) today is (are) to get (check a	ll that apply):
☐ Second opinion	
\square Recommendation for Physical Therapy	
☐ Medications	
☐ Injection Treatments	
☐ Surgery	
Other	

If recommended, please rate how interested you are in having **surgery** to treat your problem:



Primary Care Provider:		Referring Doctor:	
Pharmacy name and location:			
List medication you have taken f	or THIS problen	n:	
MEDICATION	DOSE	FREQUENCY	TAKEN FOR
List ALL CURRENT medications:			
MEDICATION	DOSE	FREQUENCY	TAKEN FOR
		ANTICOAGULANT/BLOOD THINNER	
Over the counter/herbal medicati	ons:		
List all allergies:		Contrast Alle	ergy: 🗆 Yes 🔲 No
Diabetes: 🗌 Yes 🔲 No	Hemoglobin	A1c number:	
SOCIAL HISTORY:			
Work Status: \square Working \square Hon	nemaker 🗆 Un	nemployed Disabled Retired	Student
Occupation:			
Marital Status: 🗆 Single 🗖 Mari	ried \square Divorce	ed 🗆 Widowed	
Children: No Tyes, How Ma	ny?		
Are you currently smoking? \square No	Yes, How	many packs/day? For h	ow many years?